**News and Resources Bundle for March 30 2012**

Hello everyone,

Here is the News and Resources bundle for this week.

Cheers

Susan

---------------------------------------------------------

**News Articles:**

1. Followup: Documentary on Bullying to open with no rating

The antibullying documentary *Bully* that was to have been released in the United States with an R rating has been released by the movie’s makers, the Weinstein Company, without a rating. An online petition to have the Classification and Ratings Administration relax the rating was signed by almost one-half million people, but the rating group would not change its mind. In the end, the documentary, which is recommended to most benefit young people, still may have problems in commercial theater distribution.

[http://mediadecoder.blogs.nytimes.com/2012/03/27/documentary-on-bullying-to-open-with-no-rating/?scp=2&sq=bully&st=cse#](http://mediadecoder.blogs.nytimes.com/2012/03/27/documentary-on-bullying-to-open-with-no-rating/?scp=2&sq=bully&st=cse)

2. Preschoolers urged to eat and move for health

The first Canadian physical activity guidelines for preschoolers are recommending 180 minutes of movement daily. The Canadian Pediatric Association has supported the guidelines and further, has recommended that doctors monitor health behaviours in their young patients and all family members and also advocates that physical education be a daily requirement for all students in all schools. An emphasis on fun, attitudes, and skills should be the focus of school physical education activities and these should be participated in at school and sustained at home by parents/caregivers

<http://www.cbc.ca/news/health/story/2012/03/27/physical-activity-guidelines-children.html>

3. Clean running water still a luxury on many native reserves

First nations communities in northern Manitoba and Ontario, in particular, are featured on this piece on communities that have no indoor plumbing, no running water inside the houses. This piece is not strictly about school health; however, it must not be possible for children and youth to experience health risks from lack of running water in their homes and not be affected in their school experiences and learning outcomes. In communities where running water is available, there are problems with the treatment systems, with distribution of the water through aging systems, and with training staff in the communities to manage the resource.

<http://www.cbc.ca/news/canada/story/2011/11/28/f-first-nations-water.html>

4. Food insecurity: Uncomfortable food truths

In this story, food policy specialist Dr. Catherine Mah talks about population health and the multiple ways in which food health and food security is tied to tobacco control policy work of the past decades, to con-communicable disease prevention, and to mental health. She also ties food security directly to the health of the built environment and household food insecurity directly to the mental health of the family. “We need to think beyond the individual and beyond the minimum”, says Dr. Mah.

<http://www.camhcrosscurrents.net/archives/spring2012/food_insecurity.html>

---------------------

**Resource:** New anti-bullying website launched in Australia

This new site is the result of efforts from Australia’s education authorities to combat the bullying statistics in that country including Cyberbullying, a problem that the federal Education minister says is experienced by 25 percent of Australian students. The website is featured with facts and whole school strategies. A news story on the launch of the website is included.

<http://www.ibtimes.com/articles/315009/20120316/aussie-government-launches-anti-bullying-web-site.htm>

<http://www.bullyingnoway.gov.au/index.html>